



Monday	Tuesday	Wednesday	Thursday	Friday
<p>How can you tell the weather is getting warmer?</p> <p>There's a spring in people's step.</p>		<p>1</p> <p>8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Badm&Pickleball 1pm-1:45pm PACE 1pm-3:30pm Beg. Pickleball 1pm-4pm Cards 1:30pm-330pm Floor Curling 4pm-6pm BINGO 7pm-9pm Country Jam</p>	<p>2</p> <p>Footcare with Ursala 8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Walking 1:30pm-3pm Parkinsons 1pm-4pm Cards 1pm-2pm Line Dancing 2pm-4pm Beg. Pickleball</p>	<p>3</p> <p>8:30am-850am Walking 9am-10:30am Pickleball 9am-10am Yoga 10:30am-12pm Beg. Pickleball 1pm-4pm Cards 1pm-3pm Craft Corner 4pm-6pm Badm&Pickleball 6pm-7pm Zumba 6pm-9pm Band of Colour+</p>
<p>6</p> <p>8:30am-850am Walking 9am-12pm Pickleball 10am-11am Circuit Training 12pm-1pm Badm&Pickleball 1pm-330pm Perogy Bee 1pm-4pm Cards 1pm-330pm Beg. Pickleball 3:30pm-730pm Intermediate Pickleball 7:30pm-930pm Advanced Pickleball No Laughter Yoga</p>	<p>7</p> <p>8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Walking 1pm-2pm Drumming 1pm-4pm Cards 2pm-4pm Beg. Pickleball 7pm-9pm Square Dancing</p>	<p>8</p> <p>8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Badm&Pickleball 1pm-1:45pm PACE 1pm-3:30pm Beg. Pickleball 1pm-4pm Cards 1:30pm-330pm Floor Curling 4pm-6pm Badm&Pickleball 7pm-9pm Country Jam</p>	<p>9</p> <p>Footcare with Jen 8:30am-850am Walking 9am-12pm Pickleball 10am-3pm Quilting 12pm-1pm Walking 1pm-4pm Cards 2pm-4pm Beg. Pickleball</p>	<p>10</p> <p>8:30am-850am Walking 9am-10:30am Pickleball 9am-10am Yoga 10:30am-12pm Beg. Pickleball 1pm-4pm Cards 1pm-3pm Craft Corner 4pm-6pm Badm&Pickleball 6pm-7pm Zumba 6pm-9pm Band of Colour+</p>
<p>13</p> <p>8:30am-850am Walking 9am-12pm Pickleball 10am-11am Circuit Training 12pm-1pm Badm&Pickleball 1pm-2pm Laughter Yoga 1pm-4pm Cards 1pm-330pm Beg. Pickleball 3:30pm-730pm Intermediate Pickleball 7:30pm-930pm Advanced Pickleball</p>	<p>14</p> <p>Footcare with Angeline 8:30am-850am Walking 9am-12pm Pickleball 10am-11:15am Alzheimers Support Group 12pm-1pm Walking 1pm-2pm Drumming 1pm-4pm Cards 2pm-4pm Beg. Pickleball</p>	<p>15</p> <p>8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Badm&Pickleball 1pm-1:45pm PACE 1pm-3:30pm Beg. Pickleball 1pm-4pm Cards 1:30pm-330pm Floor Curling 4pm-6pm BINGO 7pm-9pm Country Jam</p>	<p>16</p> <p>Footcare with Ursala 8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Walking 1:30pm-3pm Parkinsons 1pm-4pm Cards 2pm-4pm Mother's Day Tea</p>	<p>17</p> <p>8:30am-850am Walking 9am-10:30am Pickleball 10:30am-12pm Beg. Pickleball 1pm-4pm Cards 1pm-3pm Craft Corner 4pm-6pm Badm&Pickleball 6pm-7pm Zumba 6pm-9pm Band of Colour+</p> <p>No Yoga</p>
<p>20</p> <p>CLOSED</p>	<p>21</p> <p>8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Walking 1pm-2pm Drumming 1pm-3:30pm Paint Class 1pm-4pm Cards 2pm-4pm Beg. Pickleball 6:30pm-8pm Grief Support Group</p>	<p>22</p> <p>8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Badm&Pickleball 1pm-1:45pm PACE 1pm-3:30pm Beg. Pickleball 1pm-4pm Cards 1:30pm-330pm Floor Curling 4pm-6pm Badm&Pickleball 6pm-10pm Will and Estates 7pm-9pm Country Jam</p>	<p>23</p> <p>Footcare with Jen 8:30am-850am Walking 9am-12pm Pickleball 10am-3pm Quilting 12pm-1pm Walking 1pm-4pm Cards 1pm-2pm Line Dancing 2pm-4pm Beg. Pickleball</p>	<p>24</p> <p>8:30am-850am Walking 9am-10:30am Pickleball 9am-10am Yoga 10:30am-12pm Beg. Pickleball 1pm-4pm Cards 1pm-3pm Craft Corner 6pm-9pm Band of Colour+</p> <p>No Zumba Doors open at 5pm Dinner at 5:30pm Dance at 7pm Dinner & Dance</p>
<p>27</p> <p>8:30am-850am Walking 9am-12pm Pickleball 10am-11am Circuit Training 12pm-1pm Badm&Pickleball 1pm-4pm Cards 1pm-330pm Beg. Pickleball 3:30pm-730pm Intermediate Pickleball 7:30pm-930pm Advanced Pickleball 7pm-9pm Brain Injury Support Group</p>	<p>28</p> <p>Footcare with Angeline 8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Walking 1pm-2pm Drumming 1pm-4pm Cards 2pm-4pm Beg. Pickleball 6:30pm-8pm Grief Support Group</p>	<p>29</p> <p>8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Badm&Pickleball 1pm-1:45pm PACE 1pm-3:30pm Beg. Pickleball 1pm-4pm Cards 1:30pm-330pm Floor Curling 4pm-6pm Badm&Pickleball 7pm-9pm Country Jam</p>	<p>30</p> <p>9:30am-11am Pancake Breakfast 1pm-4pm Cards 1:30pm-3pm Parkinsons 2pm-4pm Beg. Pickleball</p>	<p>31</p> <p>8:30am-850am Walking 9am-10:30am Pickleball 9am-10am Yoga 10:30am-12pm Beg. Pickleball 1pm-4pm Cards 1pm-3pm Craft Corner 4pm-6pm Badm&Pickleball 6pm-7pm Zumba 6pm-9pm Band of Colour+</p>

Pat Porter Active Living Centre Main Line-----

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Executive Director	Audrey Harder	Ext.4	ed@patporteralc.com
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Meals on Wheels Coordinator	Lorette McLachlan	204-320-4605	kitchen@patporteralc.com
Meals on Wheels Coordinator	Candice Jaman	204-434-6982	Grunthal

ZIG-ZAG™

THE ORIGINAL
WORD MAZE PUZZLE

FUNNY...

ALL WORDS TO BE CONSTRUCTED PERTAIN TO THE ABOVE TOPIC. TO YOUR ADVANTAGE ONE WORD HAS ALREADY BEEN TRACED. YOU MUST TRACE THE THREE REMAINING WORDS, USING ONLY THE LETTERS DESIGNATED BY THE DARKENED CIRCLES. WORDS MAY BEGIN AND END FROM EITHER COLUMN BUT EACH LETTER CAN ONLY BE USED ONCE.



EACH PUZZLE HAS A DIFFICULTY RATING (ABOVE). FOUR STARS SIGNIFY THE HIGHEST DEGREE OF DIFFICULTY.

GIVEN BELOW ARE THE POINT VALUES FOR EACH WORD. YOUR WORDS MUST CORRECTLY MATCH THESE POINT VALUES.

- 8**
- 8
- 11
- 12

ANSWER ON PAGE:

1	A		A	1
4	B		B	4
4	C		C	4
3	D		D	3
1	E		E	1
5	F		F	5
3	G		G	3
5	H		H	5
1	I		I	1
8	J		J	8
7	K		K	7
2	L		L	2
4	M		M	4
2	N		N	2
1	O		O	1
4	P		P	4
10	Q		Q	10
2	R		R	2
2	S		S	2
2	T		T	2
1	U		U	1
5	V		V	5
5	W		W	5
9	X		X	9
6	Y		Y	6
10	Z		Z	10