

Hello APRIL

Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED	2 8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Walking 1pm-2pm Drumming 1pm-4pm Cards 2pm-4pm Beg. Pickleball 7pm-9pm Square Dancing	3 8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Badminton 1pm-1:45pm PACE 1pm-3:30pm Beg. Pickleball 1pm-4pm Cards 1:30pm-330pm Floor Curling 4pm-6pm Badm&Pickleball 4pm-6pm BINGO 7pm-9pm Country Jam	4 Footcare with Ursala 8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Walking 1:30pm-3pm Parkinsons 1pm-4pm Cards 2pm-4pm Beg. Pickleball 6:30pm-730pm Line Dancing	5 8:30am-850am Walking 9am-10:30am Pickleball 9am-10am Yoga 10:30am-12pm Beg. Pickleball 1pm-4pm Cards 1pm-3pm Craft Corner 4pm-5:30pm Badm&Pickleball 6pm-8pm Int.Cooking 6pm-9pm Band of Colour+
8 8:30am-850am Walking 9am-12pm Pickleball 10am-11am Circuit Training 12pm-1pm Badminton 1pm-330pm Perogy Bee 1pm-2pm Laughter Yoga 1pm-4pm Cards 2pm-4pm Beg. Pickleball 4pm-530pm Kids Pickleball 5:30pm-730pm Intermediate Pickleball 7:30pm-930pm Advanced Pickleball	9 8:30am-850am Walking 9am-12pm Pickleball 10am-11:15am Alzheimers Support Group 12pm-1pm Walking 1pm-2pm Drumming 1pm-4pm Cards 2pm-4pm Beg. Pickleball 7pm-9pm Square Dancing	10 1pm-1:45pm PACE 1pm-4pm Cards 7pm-9pm Country Jam No Pickleball No Floor Curling	11 Footcare with Jen 8:30am-850am Walking 9am-12pm Pickleball 10am-3pm Quilting 12pm-1pm Walking 1pm-2pm Line Dancing 1pm-4pm Cards 2pm-4pm Beg. Pickleball	12 8:30am-850am Walking 9am-10:30am Pickleball 9am-10am Yoga 10:30am-12pm Beg. Pickleball 1pm-4pm Cards 1pm-3pm Craft Corner 6pm-9pm Band of Colour+ Doors open at 7pm Dessert Theatre
15 8:30am-850am Walking 9am-12pm Pickleball 10am-11am Circuit Training 12pm-1pm Badminton 1pm-2pm Laughter Yoga 1pm-4pm Cards 1pm-3:30pm Beg. Pickleball No Kids, Advanced or Intermediate Pickleball	16 Footcare with Angeline 8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Walking 1pm-2pm Drumming 1pm-4pm Cards 2pm-4pm Beg. Pickleball 7pm-9pm Square Dancing	17 8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Badminton 1pm-1:45pm PACE 1pm-3:30pm Beg. Pickleball 1pm-4pm Cards 1:30pm-330pm Floor Curling 4pm-6pm Badm&Pickleball 4pm-6pm BINGO 7pm-9pm Country Jam	18 Footcare with Ursala 8:30am-850am Walking 9am-12pm Pickleball 1:30pm-3pm Parkinsons 1pm-4pm Cards 2pm-4pm Beg. Pickleball 6:30pm-730pm Line Dancing	19 8:30am-850am Walking 9am-10:30am Pickleball 9am-10am Yoga 10:30am-12pm Beg. Pickleball 1pm-4pm Cards 1pm-3pm Craft Corner 6pm-9pm Band of Colour+
22 8:30am-850am Walking 9am-12pm Pickleball 10am-11am Circuit Training 12pm-1pm Badminton 1pm-2pm Laughter Yoga 1pm-4pm Cards 2pm-4pm Beg. Pickleball 4pm-530pm Kids Pickleball 5:30pm-730pm Intermediate Pickleball 7:30pm-930pm Advanced Pickleball	23 8:30am-850am Walking 9am-10:30am Pickleball 12pm-1pm Walking 1pm-2pm Drumming 1pm-3:30pm Paint Class 1pm-4pm Cards 2pm-4pm Beg. Pickleball 7pm-9pm Square Dancing	24 8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Badminton 1pm-1:45pm PACE 1pm-3:30pm Beg. Pickleball 1pm-4pm Cards 1:30pm-330pm Floor Curling 4pm-6pm Badm&Pickleball 7pm-9pm Country Jam	25 Footcare with Jen 9:30am-11am Pancake Breakfast 10am-3pm Quilting 1pm-2pm Line Dancing 1pm-4pm Cards 2pm-4pm Beg. Pickleball	26 8:30am-850am Walking 9am-10:30am Pickleball 9am-10am Yoga 10:30am-12pm Beg. Pickleball 1pm-4pm Cards 1pm-3pm Craft Corner 6pm-9pm Band of Colour+ Doors open at 5pm Dinner at 5:30pm Dance at 7pm Dinner & Dance
29 8:30am-850am Walking 9am-12pm Pickleball 10am-11am Circuit Training 12pm-1pm Badminton 1pm-4pm Cards 2pm-4pm Beg. Pickleball 4pm-530pm Kids Pickleball 5:30pm-730pm Intermediate Pickleball 7:30pm-930pm Advanced Pickleball 7pm-9pm Brain Injury Support Group	30 Footcare with Angeline 8:30am-850am Walking 9am-12pm Pickleball 12pm-1pm Walking 1pm-2pm Drumming 1pm-4pm Cards 2pm-4pm Beg. Pickleball 7pm-9pm Square Dancing			

Pat Porter Active Living Centre Main Line-----

204-320-4600

Executive Director	Audrey Harder	Ext.4	ed@patporteralc.com
Program/Volunteer Coordinator	Carla Walker	Ext.2	programs@patporteralc.com
Social Prescribing	Carrie Bilawchuk	Ext.3	sps@patporteralc.com
Comm. Resource Coordinator (Transportation, Equip. Loan, etc)	Asia Gilbert	Ext.3	crc@patporteralc.com
Circle of Friends Coordinator	Cathy Pachal	Ext.7	cof@patporteralc.com
Steinbach Accessible Transit	Cathy Jago	204-326-4055	transit@patporteralc.com
Rental Coordinator	Cathy Jago	Ext.5	rentals@patporteralc.com
Fundraising/Marketing Coordinator	Wren Dunham	Ext.7	info@patporteralc.com
Meals on Wheels Coordinator	Lorette McLachlan	204-320-4605	kitchen@patporteralc.com
Meals on Wheels Coordinator	Candice Jaman	204-434-6982	Grunthal

