

Pat Porter Active Living Centre In-Person Programs

Updated: October 13, 2021

Serving Seniors Inc.

*** PLEASE NOTE CHANGES ***

We are slowly reopening with a select number of programs. We will keep this document updated so please check back regularly to see what we are offering and how to register.

PROOF OF VACCINATION: Required for **ALL** programs. You will be asked to show your immunization card when you enter our building.

REGISTRATION: Required for **ALL** programs. Call ahead at 204-320-4600.

PRICES: All regular programs are **\$2** for members and **\$4** for non-members.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 am	Walking 8:15 – 8:45 am	Walking 8:15 – 8:45 am	Walking 8:15 – 8:45 am	Walking 8:15 – 8:45 am	Walking 8:15 – 8:45 am
9 am	Pickleball 9 am – 12 pm	Pickleball 9 am – 12 pm		Pickleball 9 am – 12 pm	Pickleball 9 am – 12 pm
10 am	Coffee Corner 10 am – 12 pm	Coffee Corner 10 am – 12 pm	Coffee Corner 10 am – 12 pm	Coffee Corner 10 am – 12 pm	Coffee Corner 10 am – 12 pm
11 am					
12 pm					
1 pm	Cards 1 - 3 pm	Fitness Drumming 1 – 1:45 pm	PACE 1 – 1:45 pm	Cards 1 - 3 pm	Craft Corner 1 – 3 pm
		Cards 1 – 3 pm	Cards 1 - 3 pm		
2 pm		Beginners Pickleball 2 – 4 pm		Beginners Pickleball 2 – 4 pm	
3 pm					
4 pm					
5 pm					
6 pm					
7 pm			Old Time Country Jam 7 – 9 pm		
8 pm					
9 pm					